

Welcome

“Take the fight out of homework”

*Presented by
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- *Write down what you expect to get out of this workshop*
- *Write down your concerns about your child and the “homework” process*
- *Reflect upon a homework story or experience*

Agenda

- Introductions
- Goals– what are your expectations/what's happening in you home?
- Homework Tips
- Share stories/concerns

Introductions

"If a child cannot learn in the way we teach, we must teach in a way the child can learn" -Dr.Ivarr Lovaas

"Every child wants to learn...if they are not learning, or struggling to learn...then there is something wrong" – my mother

Do any of these situations occur in your home?

- You and your children have nightly battles about doing homework
- Your children rushes through homework assignments, with sloppy, incomplete results
- Your children “forget” to bring their homework assignments home
- You do more of the homework than your children
- Your child is exhausted from his/her day and has very little energy to focus
- Introduce/Share out

A little help from homeworker helperer



<https://www.youtube.com/watch?v=CS7dD9mv4Ws>

Common Homework Problems

- Does not do his best work (the work is sloppy and full of mistakes)
- Refuses to do homework assignments – power struggle
- Fails to bring assignments home (or turn in)
- Takes all night to finish homework
- Will not do homework independently and/or they are not capable
- Waits until last minute to finish assignments
- Would prefer to play a video game, text etc

Bringing calm & order to your home

- How be **calm** with your child that is struggling with homework
- Discuss **homework tips** that will help reduce stress
- Explore **time efficient strategies** so that is not taking your child “forever” to finish an assignment
- Explore effective **organizational techniques**
- Learn how to confront issues involving **motivation, independence, and work ethic**
- Explore how to effectively **collaborate** with your child’s school
- Learn how to best **support** your child
- Study/Test Taking Tips
- Questions/Discussion

Grounding/Visualization

- Important for you and your child to feel grounded
- Difficult to feel grounded and “in the moment” with all of the stressors, technology, busy schedules, “homework, etc.
- Ways that we feel grounded
 - Outdoors
 - Movement
 - Breath
 - Mindfulness/Visualization
 - Music



Why is homework important?

- Practice: reinforce learning and help the student master specific skills – Skill and Drill
- Preparation: introduces material that will be presented in future lessons/Flipped Classroom
- Extension: asks students to apply skills they already have to new situations.
- Integration: requires the student to apply many different skills to a single task
- Academic Success:
 - Students who consistently do homework perform better than those who don't.
 - By doing homework, students can improve achievement in all subjects
 - Homework improves achievement of both high and low achievers. Homework instills a sense of responsibility

Time efficient strategies

Rule of thumb...10 minutes per grade

- 1st grade = 10 minutes
- 2nd grade = 20 minutes
- 3rd grade = 30 minutes...
- 8th grade = 80 minutes on homework

Time efficient strategies

- Establish a daily homework time and mark on the calendar
- Discuss with your child how much time homework will take – look at agenda and determine time frame (set timer/breaks)
- Choose a location that is free from distraction/technology
- Set up an incentive for your child – after homework is done we will pop popcorn – play a card game
- Water breaks/stretch breaks

Additional Time efficient strategies

- Beat the clock
- Spinner
- Homework award
- Homework contract
- Chunking
- Tech breaks
- Water/stretch break

Effective organizational techniques



- Check your child's agenda daily – cross off assignments as they are completed
- Make sure that all of your children's scheduled activities are written down on a daily schedule – *Plan Book/Franklin Planner*
- Equip your child with a “Homework Survival Kit” (note cards, markers, paper, pencil, computer etc)
- Place homework and everything going back to school in folder/binder (cross reference plan book)
- Have backpack ready to go!
- Remind students to write down assignments and make sure they have everything before they leave school
- HW folders/Binders – Clean out

Effective organizational techniques



Motivation, Independence & work ethic

- All students are motivated differently
- Consistently praise your children's efforts
- Communication is key
- Be consistent
- Be positive
- Be calm
- Be Interested
- When your child asks for help, provide guidance, not answers
- Surrender



Independence

- Have clear expectations
- Teach independence – “loose cover”
- Check their work – but don’t do it for them
- Don’t try to teach concepts – may be different and will frustrate them

Parental Involvement

- You are here!!!!
- Check each day to see if your child has a homework assignment- Check progress book/grade book weekly/daily
- Communicate with your child when daily homework time begins
- Check to see if your child has all the necessary materials
- Ask your child to tell you what the homework assignment – will help to verbalize
- If needed - read the directions together with your child
- Make sure that he/she understands
- Be available to answer questions
- Give your child help only after he makes an effort on his own.
- Utilize study skills to help your child work independently

How to communicate so that your children will listen

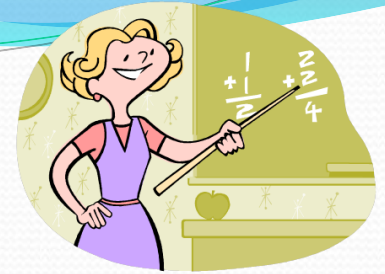
- Communicate -clearly and firmly-that you expect them to do their homework responsibly
- Don't argue with your children
- Stay calm and grounded
- Breathe!



Work Ethic

- Different for every child
- Realistic expectations
- Teach a good work ethic – responsibility
- Be a good role model (read, work on your homework)

Parent/Teacher Collaboration



- Keep open communication
- Grade book/Progress book/Teacher Websites
- Contact the teacher if your child cannot do the homework assignments
- Contact the teacher if your child does not bring home assigned work – your child's responsibility
- Contact the teacher if your child does not finish homework assignments.
- Contact the teacher if you have concerns on how much time is being put into homework
- Contact the teacher if your child exhibits poor work habits

You are in charge

- Have clear and firm expectations
- They will feel the consequences – *cause and effect*
- Be consistent
- They will test you
- Be determined
- Teach responsibility
- Don't threat or punish – teach consequences
- If you are not home – set expectations
- Arguing with your children is a no-win situation
- Use picture cues- take away verbal discussion

Study Skills

- Set specific goals for their study times
- Work on the assignment they find most difficult first
- Review notes before beginning an assignment – *Cornell Notes*
- Call another student when they have difficulty
- Review concepts over the weekend
- Chunk it, putting things together that make sense
- Study for a short time – take breaks

Study Skills

Strategies for Reading

P	PREDICT	Try to figure out what might happen next. Then see if you were right or wrong.
E	EVALUATE	Form opinions about what you read during and after reading. Develop your own ideas about people, places, and events in the story.
V	VISUALIZE	Make pictures in your head about what is happening to help you understand.
C	CONNECT	Connect personally with what you are reading. Think of similarities between what is being described and what you have read, heard about or experienced.
C	CLARIFY	Summarize what you have just read to be sure that you understand it.
?	QUESTION	Ask questions about what you are reading. Why? What just happened? This makes you want to find out.

Name:

Main Idea and Details

Main Idea:

Detail:

Detail:

Detail:

Summary:

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CCSS.ELA-Literacy.RI.3.2 - 4.2 - 5.2

Cornell Notes

Name:
Date:
Class:
Period:

- | | |
|---|--|
| <ul style="list-style-type: none"> • Main Idea • Key Question (after notes are completed) | <ul style="list-style-type: none"> • Key words & ideas • Important dates/people/places • Repeated/Stressed Info • Ideas/brainstorming written on board / overhead projector • Info from textbook/stories • Diagrams & Pictures • Formulas |
|---|--|

Summary of your notes in your own words

Study Skills

- Acronyms
- Acrostics: Acrostics are phrases or poems in which the first letter of each word or line functions as a cue to help you recall the words that you are trying to remember. For example, “Please Excuse My Dear Aunt Sally”
- Narrative
- Active Reading – PEVCC?
- Rhymes
- Imagery
- Visualization
- Flash Cards

Study Skills

Tips for reading

- Read/Read/Read
- Read to your children.
- Listen to your children read aloud.
- Make regular visits to the library with your children and help your child get a library card of their own.
- Give your children a gift subscription to a magazine.
- Encourage your children to write stories of their own.
- Turn off the TV and read together.
- Ask questions about the material that was read.

Studying for a Test

- Determine what the test will cover
- Organize all study materials
- Schedule a time for studying
- Make a list of sample test questions
- If studying from a text book read the chapter, take notes and review the chapter – Cornell notes
- Flash Cards – visuals/Quizlet
- Use memory aids to learn a series of facts.
- Pace yourself
- Make up silly sentences, words, etc.
- Make up raps/songs
- Make it personal
- Study for a short time – take breaks

Taking a Test

- Read all directions first
- Don't spend too much time on any one question.
- Know what the test will cover
- Get lots of rest, eat a good breakfast (protein), and drink lots of
- Get plenty of rest the night before
- Go with a positive attitude
- Relax
- Be confident
- Teach STAR. Stop, Take A breath, and Relax while testing.
- Encourage positive thinking

Review/Share/Questions

- Homework is meant to be a positive experience and to encourage children to learn and to practice what they learned
- By teaching your children basic organizational skills and improving their study habits you setting them up for success
- They will understand that by doing their homework, they will do better in school, and feel better about themselves
- Practical knowledge plus increased self-esteem is a winning combination
- If you are tiered, hungry, overwhelmed - regroup before sitting down with your child – Be patient and use common sense (if you are grounded – your child will be grounded)
- Parents who work with their children on assignments are engaged in children's education



Websites/Resources

Thank you