

Music Therapy and More - May

<p>This is How I Do It</p>	<p>https://www.youtube.com/watch?v=22qdiNYKh8</p> <p>This is an awesome song to get your child up and moving. It works on gross motor movements such as jumping, spinning, clapping, and stretching. This song can easily be adapted to whatever movement your child loves. I also love that this song can be adapted to help completing tasks. You can sing the chorus with your child and adapt the verse to watch me put on my coat or watch me clean up my toes. While singing the new verse, encourage your child to join along in the task!</p>
<p>5 Little Sandcastles</p>	<p>This song is a super fun addition to your repertoire as we enter into summer time! You can sing this song at home to help encourage fine motor movements and finger separation from your child. If they have that mastered, encourage your child to try with their nondominant hand. If they struggle to show the numbers themselves, you can show them and urge them to count along. You can also talk with your child about other things they may find at the beach. Once they have something picked out, you can easily adapt the lyrics from sandcastles to crabs or beach chairs!</p>

<p>This is How I Do it</p> <p>This is how I do it This is how I do do This how I do it This is how I do it</p> <p>Watch me jump And jump up high Watch me spin And fly like a butterfly</p> <p>This is how I do it This is how I do do This is how I do it This is how I do it</p>	<p>5 Little Sandcastles Adapted Tune: 5 Little Ducks</p> <p>*picture/lyrics provided below</p>
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Five Little Sand Castles

Five little sand castles
Sitting by the shore
Whoosh! Goes a wave
And then there were four



Four little sand castles
Sitting by the sea
Splash! Goes a wave
And then there were three

Three little sand castles
By the ocean blue
Crash! Goes a wave
And then there were two

Two little sand castles
Sitting in the sun
Whoosh! Goes a wave
And then there was one

One little sand castle
Had lots of fun
Shhh ... Goes a wave
And then there were none

