WINTER 2020

You’re not alone

Connecting for Kids (CFK) provides education and support to families who have concerns about their child. We serve all families, including those children with and without formal diagnoses. CFK offers educational programs, support groups, a Parent Match Program and numerous resources.

Designed for your family

Programs are designed to educate and support families of children (birth - 12 years) who are struggling. Look for these icons to choose programs for your family:

- Families with young children (0-6 years)
- Families with elementary-aged children (7-12 years)
- All families with children (0-12 years)

Free programs

All Connecting for Kids programs are free and open to the public. For more information:

Call/Text: 440-570-5908 (para español 440-907-9130)
info@connectingforkids.org
connectingforkids.org/register

At a glance

2 Programs by Location
3 Resource Fairs
4 Speaker Series
4 Coffee and Chat
5 Elementary Experiences
5 Music Therapy and More
6 Teach Me to Play
6 Play & Say
6-8 Adapted Library Programs
8 Locations

Concerned about your child?
Whatever the reason...
Connecting for Kids can help.

Speaker Series

Join us for presentations on various childhood topics by local, pediatric professionals. Free, supervised children's activities are available, but adults and children must register separately. connectingforkids.org/speakerseries

Challenging Behavior Series Part 1: Solving Challenging Behavior

Are the meltdowns, power struggles and talking back just getting worse? In this two-part series, Katie Greenleaf, MA, LPCC, of Meghan Barlow and Associates, will share techniques to turn your home from a battleground into a more peaceful place.

Attendees will also be registered for Part 2 of the Challenging Behavior Series, a Coffee and Chat support group hosted by Katie Greenleaf (see page 4).

Tuesday, February 25, 6:30 pm
Westlake Porter Public Library

Program Prework

Before participating, you must:

- Listen to the Podcast “Understanding Your Child’s Challenging Behaviors” which can be found online: connectingforkids.org/Challenging-Behaviors17
- Complete the Google form when you register so that Katie knows a little more about your situation and can better address your concerns (anonymously) during her presentation.

Register at connectingforkids.org/register
<table>
<thead>
<tr>
<th>Library Name</th>
<th>Date</th>
<th>Event Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Avon Branch of Lorain Public Library</td>
<td>1/11</td>
<td>Adapted Storytime</td>
</tr>
<tr>
<td></td>
<td>1/25</td>
<td>Musical Toolbox</td>
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<td>3/28</td>
<td>Musical Toolbox</td>
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<td>Avon Lake Public Library</td>
<td>1/6</td>
<td>Sensory-Friendly Play</td>
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<tr>
<td></td>
<td>2/1</td>
<td>Sensation Stations</td>
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<tr>
<td></td>
<td>2/3</td>
<td>Sensory-Friendly Play</td>
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<td>Sensory-Friendly Play</td>
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<td></td>
<td>3/7</td>
<td>Music Enrichment</td>
</tr>
<tr>
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<td>3/28</td>
<td>Kids in the Kitchen</td>
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<tr>
<td>Brook Park Branch of Cuyahoga County Public Library</td>
<td>2/11</td>
<td>It's Tough Being a Kid...and Their Parent, too</td>
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<td>Eastlake Public Library</td>
<td>1/14</td>
<td>Adapted Storytime</td>
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<td>3/17</td>
<td>Adapted Storytime</td>
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<td>Elyria Public Library</td>
<td>1/9</td>
<td>Music Therapy &amp; More</td>
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<td>2/6</td>
<td>Teach Me to Play</td>
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<td>3/21</td>
<td>Adapted Storytime</td>
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<td>Facebook Live</td>
<td>3/24</td>
<td>How to Stay Calm When Your Kids are Out of Control</td>
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<tr>
<td>Grafton-Midview Public Library</td>
<td>1/11</td>
<td>Sensory Saturday</td>
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<td>2/8</td>
<td>Sensory Saturday</td>
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<td>3/14</td>
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<tr>
<td>Lakewood Family Room</td>
<td>3/5</td>
<td>Play &amp; Say</td>
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<tr>
<td>Lakewood Public Library, Main Library</td>
<td>1/5</td>
<td>Adapted Storytime</td>
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<td>2/1</td>
<td>Music Therapy &amp; More</td>
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<td>Music Therapy &amp; More</td>
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<td></td>
<td>3/29</td>
<td>Adapted Storytime</td>
</tr>
<tr>
<td>Lorain County Community College</td>
<td>3/12</td>
<td>Lorain County Resource Fair</td>
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<tr>
<td>Middleburg Heights Branch of Cuyahoga County Public Library</td>
<td>1/11</td>
<td>Adapted Storytime</td>
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<td>Music Therapy &amp; More</td>
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<td>Music Therapy &amp; More</td>
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<td>2/22</td>
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<td>Music Therapy &amp; More</td>
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<td>Adapted Storytime</td>
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<td>North Ridgeville Branch of Lorain Public Library</td>
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<td>Musical Toolbox</td>
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<td>3/11</td>
<td>Dr. Seuss Is on The Loose</td>
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<td></td>
<td>3/21</td>
<td>Adapted Storytime</td>
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<tr>
<td>North Royalton Branch of Cuyahoga County Public Library</td>
<td>1/11</td>
<td>Adapted Storytime</td>
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<td>Parma Branch of Cuyahoga County Public Library</td>
<td>1/4</td>
<td>Adapted Storytime</td>
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<td>3/14</td>
<td>Adapted Storytime</td>
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<td>Parma-Snow Branch of Cuyahoga County Public Library</td>
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<td>Adapted Storytime</td>
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<td>Rocky River Public Library</td>
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<td>Adapted Storytime</td>
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<td>Adapted Storytime</td>
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<td>3/2</td>
<td>Sensory Friendly Dr. Seuss Night Birthday Bash</td>
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<td>3/7</td>
<td>Adapted Storytime</td>
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<tr>
<td>Solon Branch of Cuyahoga County Public Library</td>
<td>1/18</td>
<td>Adapted Storytime</td>
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<td>1/24</td>
<td>Play &amp; Say</td>
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<td>Music Therapy &amp; More</td>
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<td>Play &amp; Say</td>
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<td>SS: How to Apply for Grants for Children with Special Needs</td>
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<td>Teach Me to Play</td>
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<td>Music Therapy &amp; More</td>
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<td>Westlake Porter Public Library</td>
<td>1/4</td>
<td>Happy Birthday, New Year!</td>
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<td>Adapted Storytime</td>
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<td>EE: Organization Station</td>
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<td>1/13</td>
<td>Puzzle and Block Fun</td>
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<td></td>
<td>1/16</td>
<td>Teach Me to Play</td>
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<td></td>
<td>1/17</td>
<td>Teach Me to Play</td>
</tr>
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<td>1/21</td>
<td>SS: How to Meet the Needs of Typical Siblings</td>
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<td>1/22</td>
<td>Winter Walk</td>
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<td>Adapted Storytime</td>
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<td>2/10</td>
<td>Make a Heart Craft</td>
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<td>Music Therapy &amp; More</td>
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<td>Adapted Storytime</td>
</tr>
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<td>2/25</td>
<td>Adapted Yoga</td>
</tr>
<tr>
<td>Willoughby Hills Public Library</td>
<td>3/23</td>
<td>Sensory Movie Night</td>
</tr>
<tr>
<td>Willowick Public Library</td>
<td>1/11</td>
<td>Special Needs Lego Club</td>
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<td></td>
<td>2/15</td>
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**ABBREVIATIONS**

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<tbody>
<tr>
<td>CC</td>
<td>Coffee and Chat</td>
</tr>
<tr>
<td>EE</td>
<td>Elementary Experiences</td>
</tr>
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<td>SS</td>
<td>Speaker Series</td>
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Note: Connecting for Kids programs are highlighted in orange.
Lorain County RESOURCE FAIR

Formerly called Lorain County Special Needs Resource Day

CO-PRESENTED BY LEADERSHIP LORAIN COUNTY AND CONNECTING FOR KIDS

Discuss services and explore options for your family member (birth through age 22) at this FREE public event. Whether your child is struggling with behavior problems, anxiety, developmental delays, academic issues or has a formal diagnosis such as ADHD or autism spectrum disorder (ASD), this fair is for you!

Thursday, March 12, 6:00 – 8:00 pm
Lorain County Community College, Spitzer Conference Center, 1005 N. Abbe Rd., Elyria

Free shuttle bus, compliments of Ready Set Go…to Kindergarten.
Free pasta dinner.
Free Spanish translation available (habrá traductores de español disponibles).
Preregister and attend the Lorain County Resource Fair to be entered into a raffle to win a $100 Visa gift card.

For more information or to register, visit connectingforkids.org/orain-resource-fair

Upcoming Resource Fairs

22nd Annual Summer and Beyond Fair for Children and Youth with Disabilities
Saturday, February 15
10:00 am - 1:00 pm
Woodside Event Center at St. Michael’s, 5025 Mill Rd., Broadview Heights
Attendees will receive a free directory. Registration not required.

9th Annual Connecting for Kids Meet and Greet
Wednesday, April 8
6:00 - 8:00 pm
Don Umerley Civic Center, 21016 Hilliard Blvd., Rocky River
For more information or to register, visit connectingforkids.org/meetandgreet

Connecting for Kids Virtual Resource Fair
The Connecting for Kids Virtual Resource Fair (VRF) showcases videos from local providers. These short videos offer a unique way for families to:
- Meet providers
- Learn about services
- Tour offices/therapy centers

New videos will be released regularly. To see the latest or learn more, visit connectingforkids.org/virtualresourcefair

Platinum Sponsors
- McGuire Law and Advocacy, LLC
- Autism Learning Partners
- Cleveland Clinic Children’s Therapy Services and Cleveland Clinic Children’s Center for Autism
- Cleveland Hearing & Speech Center
- Holistic Progression, Music Therapy & Lessons
- Julie Billiart Schools

Gold Sponsors
- Autism Learning Partners
- Cleveland Clinic Children’s Therapy Services and Cleveland Clinic Children’s Center for Autism
- Cleveland Hearing & Speech Center
- Holistic Progression, Music Therapy & Lessons
- Julie Billiart Schools

Silver Sponsors
- Lorain County Children and Family First Council
- Lorain County Prosecutor’s Office
- Lorain County Sheriff’s Office
- Music Therapy Enrichment Center, Inc.
- OhioGuidestone
- Pathway Caring for Children
- The Arc of Greater Cleveland
- The Mobile OT
- Trumpet Behavioral Health
It’s Tough Being a Kid...and Their Parent, too

Normal developmental phases are tough enough, but add to that today’s standards, stressors, distractions, peer pressure and information overload. These factors all contribute to the rising signs of anxiety and depression in our children and teens. Join Marcie Girdlestone, LPCC-S, Mental Health Director at Pathway Caring for Children, for a discussion on how parents can better understand and support their children. CFK is co-sponsoring this Pathway Caring for Children program. Note: Supervised children's activities are not offered at this event.

Tuesday, February 11, 6:00-7:00 pm
Brook Park Branch of Cuyahoga County Public Library

Coffee and Chat

Join our interactive support group and meet other families facing similar struggles. Free, supervised children's activities are available, but adults and children must register separately. connectingforkids.org/support

Reaching Out for Support

Do you want to reach out and meet other families on a similar journey but don’t know how? Join us for an informal discussion about how to find others like you and the support you need. We also encourage families to attend who already have a strong network and are willing to mentor others.

Saturday, January 25, 2:30 pm
Euclid Public Library

Challenging Behavior Series
Part 2: Working Out Challenging Behavior

If you attended our Speaker Series entitled Challenging Behavior Series Part 1: Solving Challenging Behavior on February 25, we invite you back to our Coffee and Chat support group, facilitated by Katie Greenleaf, MA, LPCC, of Meghan Barlow and Associates. Join us as we discuss ways to improve behaviors and make home a collaborative and peaceful place. Please note that you must attend the February 25 Speaker Series to register for this session. No walk-ins will be accepted.

Tuesday, March 3, 6:30 pm
Westlake Porter Public Library

How to Stay Calm When Your Kids are Out of Control

Watch from the comfort of your home and post questions for our facilitators, Lisa Ruman, LISW, CHT, and Kristin Swihart, LISW-S, of The Child & Family Counseling Center of Westlake. We will be addressing one of our most popular topics and you will learn six techniques to help you stay calm in the face of adversity. Connecting for Kids staff will also be part of this Facebook live event to share resources and answer your questions. This event is open to all and will be live on the CFK main Facebook page. Registration is preferred.

Tuesday, March 24, 6:30 pm, Virtual
Coffee and Chat via Facebook Live

Buscando Apoyo: Comunidad Hispana

Reaching Out for Support: Hispanic Community (Program in Spanish)
¿Deseas conocer a otras familias latinas en una situación similar a la tuya? Ven a conocer a Dr. Brittany Myers, psicóloga infantil de MetroHealth, quien discutirá maneras para conseguir recursos para inquietudes tales como la Ansiedad, el Trastorno de Déficit de Atención e Hiperactividad (TDAH), el Trastorno del Espectro Autista y Superdotado, entre otros. Los participantes también tendrán la oportunidad de establecer contactos y encontrar el apoyo necesario dentro de la Comunidad Latina. Este programa será impartido en español.

jueves, 26 de marzo, 6:00 pm
Elyria Public Library System, West River Branch
Elementary Experiences

These hands-on training programs are designed for families and their children (ages 7-12 years) who are struggling. Families will learn targeted skills together and receive a handout with ideas and resources to use at home. Adults are expected to participate in the program with their children. Siblings (ages 7-12 years) may also attend but must register separately. connectingforkids.org/elementary

Organization Station
Are chores a challenge in your house? Does your child start a task and never finish it? We can help! Join therapists from Galvin Therapy Center for an interactive session where children can learn and practice organizational skills. Children will do “chores” at stations set up to represent rooms of a home including the kitchen and bedroom. Each station will feature activities to complete together and strategies that can be used at home.

Saturday, January 11, Sessions begin at 1:00 pm and 2:30 pm
Westlake Porter Public Library

Social Series: Friendship 411
What does a friend say or do? What is expected of a friend? What are some ways to make new friends? Join Ellen Spear, MA, CCC-SLP, of Lakeshore Speech Therapy, LLC, as she describes the various levels of friendship and helps elementary-aged students recognize the difference between friends and acquaintances. She will also provide strategies to help your child develop and maintain friendships and give tips for how your child can use a “friend file” so others will have positive thoughts about him or her. For ages 7-9 years.

Saturday, February 1, Sessions begins at 1:00 pm (open to every child) and 2:30 pm (targeting Gifted/2e families)
Lakewood Public Library

Music Therapy & More

This program is designed for families and their children (ages 0-6 years) who are struggling in an area of development. Join us for a hands-on program designed to teach families how to use music to improve their child’s motor, communication and social skills as well as behavior. This program is led by a Board-Certified Music Therapist. Siblings (ages 0-6 years) may also attend but must register separately. connectingforkids.org/music

Elyria Public Library System, West River Branch
Sessions begin at 6:00 pm.
- Thursday, January 9
- Thursday, February 13

Euclid Public Library
Sessions begin at 2:30 pm.
- Saturday, January 11
- Saturday, February 15
- Saturday, March 14

Lakewood Public Library
Sessions begin at 10:30 am.
- Saturday, January 11
- Saturday, March 7

Middleburg Heights Branch of Cuyahoga County Public Library
Sessions begin at 10:30 am.
- Saturday, January 18
- Saturday, February 22
- Saturday, March 21

Solon Branch of Cuyahoga County Public Library
Sessions begin at 10:30 am.
- Friday, February 7
- Friday, March 27

Westlake Porter Public Library
Sessions begin at 9:30 am and 10:30 am.
- Friday, January 10
- Saturday, January 11
- Friday, February 14
- Saturday, February 15
- Friday, March 13
- Saturday, March 14

Less Screaming, More Talking
Come experience an innovative and fun way to learn how to communicate with each other in a positive manner. Join Anna Jones, LISW-S, of Up the Steps, a restorative psychotherapy practice, as she teaches practical exercises to help you and your child identify communication styles, improve listening and manage conflicts when they arise. She will also discuss ways of reacting vs responding to help you obtain the calm, quiet home you desire without all the screaming.

Saturday, February 22, Sessions begin at 1:00 pm (ages 7-9) and 2:30 pm (ages 10-12)
Middleburg Heights Branch of Cuyahoga County Public Library

Practicing Mindfulness to Calm Anxiety and Increase Focus
Mindfulness is being aware of thoughts, feelings and sensations that are happening around you at the present time. In children, mindfulness provides many benefits including helping them focus their attention and calm down when anxious. Join Terri McNeely, MEd, BS, of The Child & Family Counseling Center of Westlake, in this interactive session as she teaches caregivers and children ways to calm themselves and become more mindful. She will lead attendees through exercises that can be practiced every day to increase attention, focus and to better regulate emotions.

Saturday, March 14, Sessions begin at 1:00 pm (ages 7-9) and 2:30 pm (ages 10-12)
Westlake Porter Public Library
Teach Me to Play℠

Do you have questions or concerns about your child’s development? Are you looking for a social opportunity for you and your child in the community? Do you want ideas about how to encourage your child’s learning through play? With fun, new themes each month, Teach Me to Play offers your child a host of new activities and experiences each time he or she attends. For parents and caregivers, there is a Parent Education Focus every month that provides information on a variety of developmentally appropriate topics. Your child will enjoy playing with other children while practicing language and social skills. Since you attend together, you will have the option of interacting with our experienced Early Intervention Specialist and Speech-Language Pathologist. They can suggest strategies for managing problem behaviors, offer tips for increasing your child’s communication skills, or share appropriate resources. This program is specifically designed for children ages 18 months-6 years who are struggling in an area of development. Come connect with other families in a supportive and accepting environment. connectingforkids.org/play

Elyria Public Library System, West River Branch
Preschool sessions begin at 6:00 pm.
• Thursday, February 6
• Thursday, March 5

Solon Branch of Cuyahoga County Public Library
Preschool session begins at 10:30 am.
• Friday, March 6

Play & Say℠

Join us for a new playgroup that is safe and welcoming for families in all communities who are seeking more connections and a supportive environment for their child (ages 0-6 years). At Play & Say, you’ll learn new skills, meet other families and connect to community resources. An experienced Speech-Language Pathologist from the Cleveland Hearing & Speech Center will highlight a new topic each month and families will go home with an educational handout. As participants practice social and communication skills, staff members will be available to answer questions and offer tips. This program is free and open to the public of any community and is designed for children with and without developmental concerns. Registration is preferred. Co-sponsored by the Lakewood Family Room and Cleveland Hearing & Speech Center. connectingforkids.org/play-say

Lakewood Family Room Main
• Thursday, March 5, 10:00 am

Solon Branch of Cuyahoga County Public Library
• Friday, January 24, 10:30 am
• Friday, February 28, 10:30 am

Adapted Storytimes

Children with varying learning styles and abilities learn together in a safe, supportive environment where respect and appreciation for differences is encouraged. This storyline, followed by a time for socialization, is designed for children who may not be successful in a typical storyline experience. Content is geared toward ages 3 to 7 years, but all ages are welcome. Siblings may also attend but must register separately. For more information, visit connectingforkids.org/library

Avon Branch of Lorain Public Library
• Saturday January 11, 10:30 am
• Saturday, February 8, 10:30 am
• Saturday, March 7, 10:30 am

Eastlake Public Library
• Tuesday, January 14, 6:30 pm
• Tuesday February 11, 6:30 pm
• Tuesday, March 17, 6:30 pm

Euclid Public Library
• Saturday, January 18, 10:30 am and 11:30 am
• Saturday, February 15, 10:30 am and 11:30 am
• Saturday, March 21, 10:30 am and 11:30 am

Lakewood Public Library, Main Library
• Sunday, January 5, 3:30 pm
• Sunday, February 2, 3:30 pm
• Sunday, March 1, 3:30 pm
• Sunday March 29, 3:30 pm

Middleburg Heights Branch of Cuyahoga County Public Library
• Saturday, January 11, 11:00 am
• Saturday, February 8, 11:00 am
• Saturday, March 28, 11:00 am

North Ridgeville Branch of Lorain Public Library
• Saturday, January 25, 10:30 am
• Saturday, February 22, 10:30 am
• Saturday, March 21, 10:30 am

North Royalton Branch of Cuyahoga County Public Library
• Saturday, January 11, 10:00 am

Parma Branch of Cuyahoga County Public Library
• Saturday, January 4, 11:00 am
• Saturday, February 1, 11:00 am
• Saturday, March 14, 11:00 am

Additional storytimes on back cover.
Adapted Library Programs

For more information, visit connectingforkids.org/library

Adapted Yoga
Westlake Porter Public Library
Try out some simple poses and breathing techniques with us! Please wear comfy clothes and bring a towel or mat. For children with special needs and their caregivers; siblings must register separately. Ages 3-9.

Tuesday, February 25, 1:00 pm

Discovery Works Sensory-Friendly Play
Avon Lake Public Library
Check out our Discovery Works science area! Lights will be dimmed, admission will be limited, and loud displays will be quieted. All ages with a participating adult. Siblings welcome.

Monday, January 6, 9:15 am
Monday, February 3, 9:15 am
Monday, March 2, 9:15 am

Dr. Seuss is on the Loose
North Ridgeville Branch of Lorain Public Library
Join us for a Dr. Seuss party! Cleveland Hearing and Speech Center will do a special signing story time of the Dr. Seuss book, Green Eggs and Ham. For ages 3 and up.

Wednesday, March 11, 6:30 pm

Happy Birthday, New Year!
Westlake Porter Public Library
This quiet New Year’s party has a birthday theme. We'll read stories, sing some songs, and make a craft. This will be excellent practice for attending a birthday party in 2020! Grades K-4.

Saturday, January 4, 10:30 am

Kids in the Kitchen
Avon Lake Public Library
Join in making no-bake kids’ recipes in this all-inclusive cooking program. For kids with special needs and typical peers. Tasting not required. Note allergy issues on the registration form. Ages 8-12.

Saturday, March 28, 11:00 am

Make a Heart Craft
Westlake Porter Public Library
Feeling crafty? Create a heart perfect for this time of year. Specifically for children who may not be successful in a typical craft program and a caring adult. No previous art experience necessary. Ages 3-7.

Monday, February 10, 3:30 pm

Music Enrichment with Music Therapist Hannah Gonzalez
Avon Lake Public Library
Join this all-inclusive program with music therapist Hannah Gonzalez. Sing, dance and try some musical instruments! Siblings/friends welcome, no registration required. Suggested age: 9 months - 6 years old.

Saturday, March 7, 11:00 am

Musical Toolbox
Designed for children with special needs and their families, this fun and engaging music program is conducted by a board-certified music therapist from MTEC, the Music Therapy Enrichment Center.

Avon Branch of Lorain Public Library
• Saturday, January 25, 10:30 am
• Saturday, March 28, 10:30 am
North Ridgeville Branch of Lorain Public Library
• Saturday, February 29, 10:30 am

Puzzle and Block Fun
Westlake Porter Public Library
Children with special needs and their parents are invited to come play with puzzles and blocks in a safe, supportive environment. Ages 3-7, siblings welcome.

Monday, January 13, 11:00 am

Sensation Stations
Avon Lake Public Library
Engage your child’s senses in this all-inclusive program by scooping, pouring and sorting fun materials. For children with special needs ages 2-7, their families, and their typical siblings/peers.

Saturday, February 1, 10:00 am

Sensory Friendly Dr. Seuss Night
Rocky River Public Library
Join us to celebrate! Program includes a snack, sensory-friendly movie, themed crafts, face-paint and Mr. Zap’s magic tricks and balloon creations.

Monday, March 2, 5:15 pm

Sensory Movie Night
Willoughby Hills Public Library
A sensory-friendly environment including more light, less sound and the option to move around will help children with special needs and their families enjoy this free movie screening. All ages welcome.

Monday, March 23 6:00 pm

Sensory Saturday
Grafton-Midview Public Library
Join us before hours for free play and an adapted storyline with books, songs, and movement! This program is ideal for kids who need a quieter, less-crowded experience. Funded by Autism Speaks.

Saturday, January 11, 8:30 am
Saturday, February 8, 8:30 am
Saturday, March 14, 8:30 am

Special Needs Lego Club
Willowick Public Library
This club is specifically for children with special needs. We provide the Legos; you provide the imagination! All ages.

Saturday January 11, 10:30 am
Saturday, February 15, 10:30 am
Saturday, March 14, 10:30 am

Spring Sensory Stations
Westlake Porter Public Library
Engage your child’s senses by scooping, pouring and sorting a variety of fun materials. For children ages 2-7 with special needs, their families, and typical siblings/peers. No registration.

Monday, March 16, 3:00pm

Winter Walk
Westlake Porter Public Library
Bundle up for a walk in our garden. Quietly observe nature, hear a story, and warm up with hot cider and a treat. Siblings register separately. Grades K-4.

Wednesday, January 22, 4:00 pm
Adapted Storytimes (cont.)
For more information, visit connectingforkids.org/library

Parma-Snow Branch of Cuyahoga County Public Library
- Monday, January 27, 10:00 am

Rocky River Public Library
- Saturday, January 4, 10:00 am
- Saturday, February 1, 10:00 am
- Saturday, March 7, 10:00 am

Solon Branch of Cuyahoga County Public Library
- Saturday, January 18, 10:30 am
- Saturday, February 15, 10:30 am
- Saturday, March 14, 10:30 am

Westlake Porter Public Library
- Thursday, January 9, 6:00 pm
- Thursday, January 23, 6:00 pm
- Saturday, January 25, 11:00 am
- Thursday, January 30, 6:00 pm
- Thursday, February 6, 6:00 pm
- Friday, February 7, 11:00 am
- Saturday, February 22, 11:00 am
- Thursday, February 27, 6:00 pm
- Thursday, March 5, 6:00 pm
- Thursday, March 12, 6:00 pm
- Saturday, March 21, 11:00 am
- Thursday, March 26, 6:00 pm

With Our Thanks
Programming is made possible in part by support from local organizations.

Elyria
CFK programs are supported by a grant from The Nordson Corporation Foundation.

Euclid
CFK programs are presented in partnership with Euclid Public Library

Lakewood
CFK programs are supported by a grant from Community West Foundation and presented in partnership with Lakewood Public Library.

Middleburg Heights and Solon
CFK programs are presented in partnership with Cuyahoga County Public Library.

Westlake
Music Therapy & More is supported in part by the residents of Cuyahoga County through a public grant from Cuyahoga Arts & Culture. CFK programs are presented in partnership with Westlake Porter Public Library.

Locations
Avon Branch
Lorain Public Library System
37485 Harvest Dr.

Avon Lake Public Library
32649 Electric Blvd.

Brook Park Branch
Cuyahoga County Public Library
6155 Engle Rd.

Eastlake Public Library
36706 Lake Shore Blvd.

Elyria Public Library System
West River Branch
1194 West River Rd. N.

Euclid Public Library
631 East 222nd St.

Grafton-Midview Public Library
983 Main St.

Lakewood Family Room Main
15700 Detroit Ave.

Lakewood Public Library Main Library
15425 Detroit Ave.

Lorain County Community College Spitzer Conference Center
1005 N. Abbe Rd., Elyria

Middleburg Heights Branch
Cuyahoga County Public Library
16699 Bagley Rd.

Parma-Snow Branch of Cuyahoga County Public Library

North Ridgeville Branch
Lorain Public Library System
35700 Bainbridge Rd.

North Royalton Branch
Cuyahoga County Public Library
5071 Wallings Rd.

Parma Branc
Cuyahoga County Public Library
6996 Powers Blvd.

Parma-Snow Branch
Cuyahoga County Public Library
2121 Snow Rd.

Rocky River Public Library
1600 Hampton Rd.

Solon Branch
Cuyahoga County Public Library
34125 Portz Pkwy.

Willowick Public Library
263 East 305th St.

Westlake Porter Public Library
27333 Center Ridge Rd.

Willoughby Hills Public Library
35400 Chardon Rd.