



# Concerned about your child? Whatever the reason... Connecting for Kids can help.

## Speaker Series

Join us for presentations on various childhood topics by local, pediatric professionals. Free, supervised children's activities are available, but adults and children must register separately. For more information, visit [connectingforkids.org/speakerseries](http://connectingforkids.org/speakerseries)

### **Attention Issues and ADHD: What You Need to Know**

Whether you are questioning if your child has ADHD or if you already have a diagnosis and are in need of new strategies, Carol A. Leslie, OT/L, ACHT, CWC, of PsychBC, Inc., will discuss what you need to know when dealing with attention issues. She will answer questions such as: How do I know if my child truly has ADHD or is just an active kid? Why is it important to get a diagnosis and isn't that just labeling my child? What can I do to help my child focus more and be less impulsive besides medication? She will also share coping techniques that can be used both in the home and school environment.

**Tuesday, September 19, 6:30 pm**

**Westlake Porter Public Library, 27333  
Center Ridge Rd., Westlake**

### **Understanding Your Child's Challenging Behavior**

Why can't your child just behave? The lens you use to view your child's behavior has vast implications for your reaction and the way you help your child. If you're frustrated because you've tried everything you can think of to prevent those dramatic meltdowns and it seems like nothing at all sets off those screaming, crying, dreadful tantrums, then this talk is for you. Join Katie Greenleaf, MA, LPCC, of Meghan Barlow and Associates, for a talk that will completely change the way you view your child's behaviors and guide you toward a better way to help.

**Friday, October 6, 11:00 am**

**Middleburg Heights Branch of Cuyahoga  
County Public Library, 15600 Bagley Rd.**

## You're not alone

Connecting for Kids (CFK) provides education and support to families with concerns about their child. We serve all families, including those children with and without formal diagnoses. CFK offers educational programs, support groups, a Parent Match Program and numerous resources.

### **Is it Really Bullying?**

Meghan Barlow, PhD., of Meghan Barlow and Associates, will help parents understand bullying, acts that may look like bullying but are not, and common types of peer conflict. Parents will be taught strategies for how they can help support their children as well as how to empower their children to handle conflicts at school.

**Tuesday, October 17, 6:30 pm**

**Roosevelt Elementary School, 14237  
Athens Ave., Lakewood**

### **Modify Your Child's Behavior Using Proven Kazdin<sup>SM</sup> Method**

Are you dealing with talking back, temper tantrums, school behavior problems, trouble following directions, stealing or lying? Kazdin's Parent Management Training is a set of interventions developed by Dr. Alan Kazdin, Director of the Yale Parenting Center, that teach and coach families how to modify a child's problem behavior. At this presentation featuring Cynthia Petrucci, LSW, and Lora Zoller, LPCC, of Applewood Centers Inc., you will learn Kazdin strategies that use positive reinforcement, antecedents, practice and problem solving to improve behavior and decrease a child's opposition and aggression. Touting a 78% success rate, the goal of the Kazdin program is to improve parent-child interactions and empower families to create positive changes.

**Thursday, November 30, 6:00 pm**

**West River Branch of the Elyria Public  
Library System, 1194 West River Rd. N.**

**Register at [connectingforkids.org/register](http://connectingforkids.org/register)**

**Email: [info@connectingforkids.org](mailto:info@connectingforkids.org) | Phone: 440-250-5563**

# Fall 2017: Hands-On Family Training Programs

## Elementary Experiences<sup>SM</sup>

For families and their children (ages 7-12 years) who are struggling in an area of development. Siblings (ages 7-12 years) may also attend. For more information, visit [connectingforkids.org/elementary](http://connectingforkids.org/elementary)

### Music Exploration

Join Juaneyne Register, MT-BC, from Music Therapy Enrichment Center, Inc. (MTEC) for fun music exploration with age appropriate experiences.

Saturday, September 9, Sessions begin at 1:00 pm (for children of all abilities) and 2:30 pm (for children with moderate-severe disabilities)

Westlake Porter Public Library, 27333 Center Ridge Rd., Westlake

### 10 Strategies to Enhance your Child's Neurological Development for Success

Do you understand the relationship between your child's neurological development and issues such as anxiety, attention, learning, coordination, behavior, allergies and speech? Patti Andrich, OTR/L, COVT, INPP/L, of The Vision Development Team, will teach your family 10 activities to incorporate in your child's play activities that will stimulate his or her neurological development. You will then have the opportunity to practice the activities together during the program.

Saturday, September 16, Sessions begin at 1:00 pm and 2:30 pm

Middleburg Heights Branch of Cuyahoga County Public Library, 15600 Bagley Rd.

### Yoga

Do you want to practice yoga and enjoy a relaxing afternoon with your child? Join Angela Siciliano of Adapted Fitness And Yoga Plus LLC as she teaches families adapted yoga and breathing techniques for all ability levels. Come dressed in comfortable clothes and be ready to try some yoga with your child.

Saturday, October 7, Sessions begin at 1:00 pm and 2:30 pm

Lakewood Public Library, 15425 Detroit Ave.

## Social Series: Assessing and Reacting to Problems

Problems come in all different shapes and sizes and can range from a small "glitch" to a huge catastrophe! As social thinkers, it is not only important to rate our problems but also to match our reaction to them in a socially appropriate way. Ellen Spear, MA, CCC-SLP, of Lakeshore Speech Therapy, LLC., will help families determine how big or little a problem is and know what strategies will work to help deal with that problem.

Saturday, November 11, Sessions begin at 1:00 pm and 2:30 pm

Westlake Porter Public Library, 27333 Center Ridge Rd., Westlake

## Teach Me to Play<sup>SM</sup>

For families and their children (Toddler: ages 18 months-2 years and Preschool: ages 3-6 years) who are struggling in an area of development. For more information, visit [connectingforkids.org/play](http://connectingforkids.org/play)



## West River Branch of the Elyria Public Library System

1194 West River Rd. N.  
Preschool session begins at 6:00 pm.

Thursday, November 2

## Westlake Porter Public Library

27333 Center Ridge Rd.  
Thursday Preschool sessions begin at 6:30 pm, Friday Preschool sessions begin at 9:30 am and Friday Toddler sessions begin at 11:30 am.

Thursday, September 21

Friday, September 22

Thursday, October 19

Friday, October 20

Thursday, November 16

Friday, November 17

## Music Therapy & More<sup>SM</sup>

For families and their children (ages 0-6 years) who are struggling in an area of development. Siblings (ages 0-6 years) may also attend. Each session is 30 minutes. For more information, visit [connectingforkids.org/music](http://connectingforkids.org/music)



## West River Branch of the Elyria Public Library System

1194 West River Rd. N.  
Sessions begin at 6:00 pm.

Thursday, October 12

Thursday, November 9

Thursday, December 7

## Lakewood Public Library

15425 Detroit Ave.  
Sessions begin at 10:30 am and 11:30 am.

Saturday, October 7

Saturday, November 4

Saturday, December 2

## Middleburg Heights Branch of Cuyahoga County Public Library

15600 Bagley Rd.  
Sessions begin at 10:30 am.

Saturday, September 16

Saturday, October 21

Saturday, November 18

## Westlake Porter Public Library

27333 Center Ridge Rd.  
Friday sessions begin at 9:30 am and 10:30 am. Saturday sessions begin at 9:30 am, 10:30 am and 11:30 am.

Friday, September 8

Saturday, September 9

Friday, October 13

Saturday, October 14

Friday, November 10

Saturday, November 11

Friday, December 8

Saturday, December 9

**All programs are FREE and open to the public. Registration required.**

## Coffee and Chat

Join our interactive support group and meet other families facing similar struggles. Free, supervised children's activities are available, but adults and children must register separately. Coffee is donated by Starbucks Coffee Company and desserts donated by Little Miss Cookies. For more information, visit [connectingforkids.org/support](http://connectingforkids.org/support)

### Supporting Parents of Children with Orthopedic Impairments

Does your child struggle with an orthopedic impairment? Come meet other parents as we discuss challenges, share ideas and resources, and offer each other support. We will be discussing an article written by an adult with cerebral palsy that gives advice to families currently raising a child with a disability.

**Tuesday, September 5, 6:30 pm**

**Westlake Porter Public Library, 27333 Center Ridge Rd., Westlake**

### Blending Families when Children have Special Needs

Blending families is difficult but even more challenging if a child has ADHD, an autism spectrum disorder or other special need. Join other parents to find support, share ideas and discuss the challenges of blending families with children who have extra needs.

**Tuesday, December 5, 6:30 pm**

**Westlake Porter Public Library, 27333 Center Ridge Rd., Westlake**

## Special Needs Library Programs

For more information, visit [connectingforkids.org/library](http://connectingforkids.org/library)

### Adapted Storytimes

Children with varying learning styles and abilities learn together in a safe, supportive environment where respect and appreciation for differences is encouraged. This 30 minute storytime, followed by a time for socialization, is designed for children who may not be successful in a typical storytime experience. Content is geared toward ages 3 to 7, but all ages are welcome. Siblings may also attend, but must register separately.

#### Cuyahoga County Public Library

**Middleburg Heights Branch**  
15600 East Bagley Rd., 440-234-3600

Saturday, September 23, 11:00 am  
Saturday, October 28, 11:00 am  
Saturday, December 2, 11:00 am

#### North Royalton Branch

5071 Wallings Rd., 440-237-3800

Saturday, November 11, 10:00 am

#### Parma Branch

6996 Powers Blvd., 440-885-5362

Saturday, September 16, 2:00 pm  
Thursday, October 5, 6:30 pm  
Saturday, November 11, 2:00 pm

#### Parma-Snow Branch

2121 Snow Rd., 216-661-4240

Thursday, November 2, 6:30 pm

#### Solon Branch

34125 Portz Pkwy., 440-248-8777

Saturday, September 16, 10:30 am  
Saturday, October 28, 10:30 am  
Saturday, November 11, 10:30 am  
Saturday, December 9, 10:30 am

#### Lakewood Public Library

15425 Detroit Ave., 216-226-8275

Sunday, September 24, 3:30 pm  
Sunday, October 22, 3:30 pm  
Sunday, November 19, 3:30 pm  
Sunday, December 17, 3:30 pm

#### Rocky River Public Library

1600 Hampton Rd., 440-333-7610

Saturday, September 16, 10:00 am  
Saturday, October 14, 10:00 am  
Saturday, November 18, 10:00 am  
Saturday, December 16, 10:00 am

#### Westlake Porter Public Library

27333 Center Ridge Rd., 440-871-2600

Friday, September 1, 10:30 am  
Saturday, September 16, 10:30 am  
Monday, September 25, 6:30 pm  
Monday, October 2, 6:30 pm  
Friday, October 27, 10:30 am  
Monday, November 20, 6:30 pm  
Monday, December 18, 6:30 pm  
Friday, December 29, 10:30 am

## Additional Special Needs Programming at Westlake Porter Public Library

The following additional programming is offered by Westlake Porter Public Library, 27333 Center Ridge Rd., Westlake. For more information, visit [connectingforkids.org/wppl](http://connectingforkids.org/wppl)

### Kids in the Kitchen

Learn basic cooking skills with fast, simple, no-cook recipes just for kids! For students with special needs and their typical peers. If you have an allergy or special diet concerns, please contact the Youth Department at 440-250-5471 for a complete list of ingredients. Ages 8-12.

**Saturday, October 14, 3:00 pm**

### Sensory-Friendly Movie

A sensory-friendly environment including more light, less sound and the option to move around the room will help children with special needs and their families enjoy this free movie screening. All ages.

**Sunday, November 12, 2:00 pm**

### Sensation Stations

Engage your child's senses by scooping, pouring and sorting a variety of materials. Developed for children with special needs and their typical siblings/peers. Ages 3-6.

**Monday, December 4, 6:30 pm**

## Partner Programs

*Connecting for Kids is proud to partner with local organizations who share our mission of providing education and support to families with a concern about their child. For more information, please contact the program host.*

### **Community Education Night: Child and Adolescent Anxiety**

NAMI Greater Cleveland and Connecting for Kids present Bob Schuppel, M.Ed., LPCC-S, to discuss child and adolescent anxiety. This program is free, but registration is requested. For more information or to register, call NAMI Greater Cleveland at 216-875-7776 or email eriehm@namicleveland.org.

**Thursday, September 14 at 7:15 pm**

**Solon Branch of Cuyahoga County Public Library, 34125 Portz Parkway**

## Past Programs

Did you know that we record speaker presentations and make them available as free downloads on our website? Visit our Previous Speakers web page to learn more about topics ranging from anxiety to social skills at your own pace.

[connectingforkids.org/previous-speakers](http://connectingforkids.org/previous-speakers)

## Upcoming Programs

The program calendar for the rest of the year is already beginning to take shape. Upcoming topics include sleep concerns, learning disabilities, emotional intensity in gifted children and autism spectrum disorders.

## Our Thanks

Programming is made possible in part by support from local organizations.

### **Lakewood**

All programs supported by a grant from Community West Foundation.

### **Middleburg Heights**

All programs presented in partnership with Cuyahoga County Public Library.

### **Westlake**

Elementary Experiences, Music Therapy & More and Teach Me to Play at the Westlake Porter Public Library are supported by a grant from The Nordson Corporation Foundation.

The Speaker Series in Westlake is presented in partnership with Westlake Porter Public Library.

### **Coffee and Chat**

Supported by The Child & Family Counseling Center of Westlake.

### **Additional Thanks**

Photos generously donated by The Therapeutic Lens Photography